

BONK!

THE OFFICIAL JOURNAL

East Sussex
Cycling Association

PUBLISHED QUARTERLY

PRICE

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EAST SUSSEX CYCLING ASSOCIATION

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New Series No.42

Autumn 1987

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PRESIDENTIAL ADDRESS

Those of us who know a thing or three have seen the signs; A.G.M. notices are beginning to arrive, meetings are already being held to sort out the 1988 programme and promoters, even start times are getting later. The winter is almost here so get out your longjohns and make up your mind to ride to the E.S.C.A. A.G.M.

Talking about promoters, this is definitely an endangered species as there seem to be less about each year and yet more events are being required. This is also the situation with marshals and helpers in general. It was very true of a recent Committee meeting with only four Clubs represented and all those present were officials. So where were you? I wonder how you would feel if there were no events next year?

This also means that my term of office is almost over and I will have to revert to being just an erk.

The picnic was a great success; the only people who missed out were those who didn't come along. We had a great game of rounders, plenty of time to chat and sunbathe. I think, as do many others, that it was a great day out and hope it becomes an annual event. There was of course a person, who shall be nameless but I'll complain about his reliability trial, who moaned about the tea being late and this was before lunch!

This set of notes seems to be all moans I'm afraid, and as I'm yawning now and it's late - that's it. I hope to see you all at the A.G.M. and the Reliability Trial.

Sir

Now's the time of year when you should get down to the really serious training in preparation for when the real bike riding starts. Carry on racing by all means, but treat the races as relaxation intervals between your daily nine hour non-stop eyeballs out 52*12 bashes around Sussex. All this will allow you to have a relatively comfortable and enjoyable ride each Saturday morning in Ronnie's Rambles of course. Ron tells me that they will start at the end of October at the usual 0900 hours, with an aim for at least a 37 second elevenses, usually a little bit later than eleven and with the odd one-in-four short cut to avoid a nasty drag. Look out for a possible change in start venue though, because Ron is reviewing this due to the rearrangements at the lay-by and he would also like to take the opportunity to bring the start closer to home to save energy !

The racing season is proving eventful to say the least. Paul Lipscombe took the Silver Medal in the Sussex Divisional Pursuit Championship final on the 19th of August, he has a 44-point lead in the ESCA Points competition and is half-way back to regaining his first cat. licence. Colin Tamon regained the Charlie Turner Memorial Shield (he won it in 1983) for the best from 5 events - five lap scratch, Devil, twelve lap points and three lap scratch. He also won the tandem-paced Keiron, the Bronze Medal to Paul's Silver in the Pursuit and is runner up in the League Table overall. On the Road he came 9th in a Surrey League last weekend - which he was particularly pleased with as it was his first road event since May.

Joe James appears to have got the hang of his low profile bike at last and has done a 1-2 which was only four minutes behind Ballard and a spectacular 2-9 for the ESCA "50" last weekend. In that same "50" Rex Wells was very relieved to improve his previous time on this course by eight minutes to 2-23 and NOT get caught by Kevin Bramham, who nonetheless did a 2-20. And what about the weekend before ? I'm sure that many of us will always remember the epic battle between our John Pelham and Mathew Rabbetts in the SCA "12". John tells me that he thought he'd had his chips at about 120 miles when he had to use 42*16 on Toat Hill, but he recovered well from that bad patch and from where I stood he was going like a train at the finish to end up just over a mile down on Mathew who took the Sussex record with 249.9 miles. Central's club record for this event stood at 245 miles (Alan Robinson 1963) - so John has added three miles to the record books with his ride. The warmest congratulations to both riders.

Central's Evening "10" series proved as popular as ever with local riders, despite being dogged by course changes as a result of road works various. There were **EIGHT** events in all and the final overall placings were :-

Fastest aggregate of 3 x 10 mile events

Best handicap aggregate of 3 x 10 miles

- 1. Paul Lipscombe 1h 07m 52s
- 2. John Pelham 1h 10m 06s
- 3. Kevin Penfold 1h 10m 14s
- 4. Joe James 1h 13m 02s
- 5. Kevin Bramham 1h 16m 12s
- 6. Gareth Sear 1h 19m 32s
- 7. Robin Taylor 1h 20m 13s
- Les Teague 1h 20m 13s
- 9. Robin Maclagan 1h 20m 17s
- 10. Martin Perryman 1h 21m 02s

- 1. Kevin Bramham 1h 07m 24s
- 2. Les Teague 1h 07m 43s
- 3. Robin Taylor 1h 08m 13s
- 4. Gareth Sear 1h 08m 32s
- 5. Kevin Penfold 1h 08m 44s
- 6. Paul Lipscombe 1h 09m 22s
- 7. Martin Perryman 1h 09m 32s
- 8. John Pelham 1h 09m 36s
- 9. Robin Maclagan 1h 09m 47s
- 10. Joe James 1h 10m 02s

Fastest ride of the series

Garry Moore

22m 18s

See you on the rambles

Rambler

C.T.C. EASTBOURNE & HAILSHAM DISTRICT SECTION

Sundays come and go, rather quickly it seems, and it's easy for memories of our happenings to merge into a pleasurable haze; not alcoholic, I hasten to add. Reading our programme again it becomes apparent that we have had quite a busy and varied period. On June 7th the D.A. Reliability Ride attracted a number of our riders and all entrants were successful on a good day. A couple of weeks later our modest paced all day ride saw us at lunch at Plumpton Green, visiting gardens at the Old Rectory, Barcombe - where tea on the lawn was very pleasant, and then on to the D.A. picnic at Glynde Recreation Ground. On the next Sunday Debbie Springett took the riders, on a very humid day, to Horsted Keynes for lunch with members of the general section of the West Surrey D.A., who were led by Paul Holmes, one of our former members; it was nice to see him again.

Sarah Lade's recent fifteenth birthday fell on a Sunday and she led a circular modest paced ride on the day which ended at her house where Jane had prepared a lovely birthday tea. After the cutting of the cake and the singing of "Happy Birthday", Bill Collins our Chairman presented Sarah with a card from Section members and a voucher to spend at a well known local cycle shop. It was a very happy occasion. In between times we have had our usual mixture of rides and members have supported the D.A. Tourist Competition and Breakfast Meet.

In my last notes I indicated that the D.A. were endeavouring to start a mid-week group for the retired members and others who would like to meet for lunch and a 'natter'. The interest in such a venture proved minimal and regrettably the idea has been shelved.

Tourist

BRIGHTON MITRE C.C.

The improvement in club fortunes has continued ,with a steady trickle of new members. The room at the Withdean Sportsman that seemed entirely adequate when we moved club rooms at the beginning of the year is now becoming too small.

Club time trial happenings have continued to be dominated by Peter Davies, but with Stuart Collins not far behind. Guy Cleverley's efforts being limited by shift work.

Club 10s on the Falmer course started in May, alternate weeks with Brighton Excel. Peter taking the first one in 22-18, with Stuart second in 22-47. Peter was absent for the second event, won by Stuart in 23-35, with Fred Harkness managing second place in 27-02. Our evening 25s intended to be on G938 were cancelled due to road works, and replaced by 10s. The 3rd 10 was again taken by Peter in 22-42, with Alan Morris second in 25-38, Stuart having punctured, and the 4th event also taken by Peter, in a new club record of 21-55. Stuart second in 22-05 also held club record for a few minutes, but established a new club Junior record. This event saw Frank Allen get inside evens for the first time in about 30 years with 28-40 (he only started again this year after a thirty year lay off.)

In open events, Peter took 3rd Place in the Hastings hilly 35 km event at the end of May in 57-16, with Guy finishing in 1-2-2 for 19th Place. S C C U 50 saw Peter equal 3rd and second handicap in a personal best of 2-4-45, and 4th in the SCA 50 with 2-3-37. The club had 6 finishers in this event, with is probably the most for about 10 years.

Peter first went under the hour in a West London CA event in June, recording 59-19 for 6th Place, the following day he was 2nd in the ESCA 25 with 1-0-19, and Stuart was third in 1-0-41.

The following week Peter was 4th in the Century R C M.M. event on F1 with 57-19. Stuart also got under the hour in 59-54 for first Junior award in the Brighton Excel 25, Peter being in 3rd place overall in 58-38.

Finally on the Time Trial front was the SCA 100, with Peter taking second place behind John Woodburn in 4-17-16, to take the SCA championship. The Mitre actually finished a team in this event for the first time in many years.

On the social front, a picnic was held on Henfield Common after the SCA 100, and a tourist trial and lunch is planned at the end of the Season.

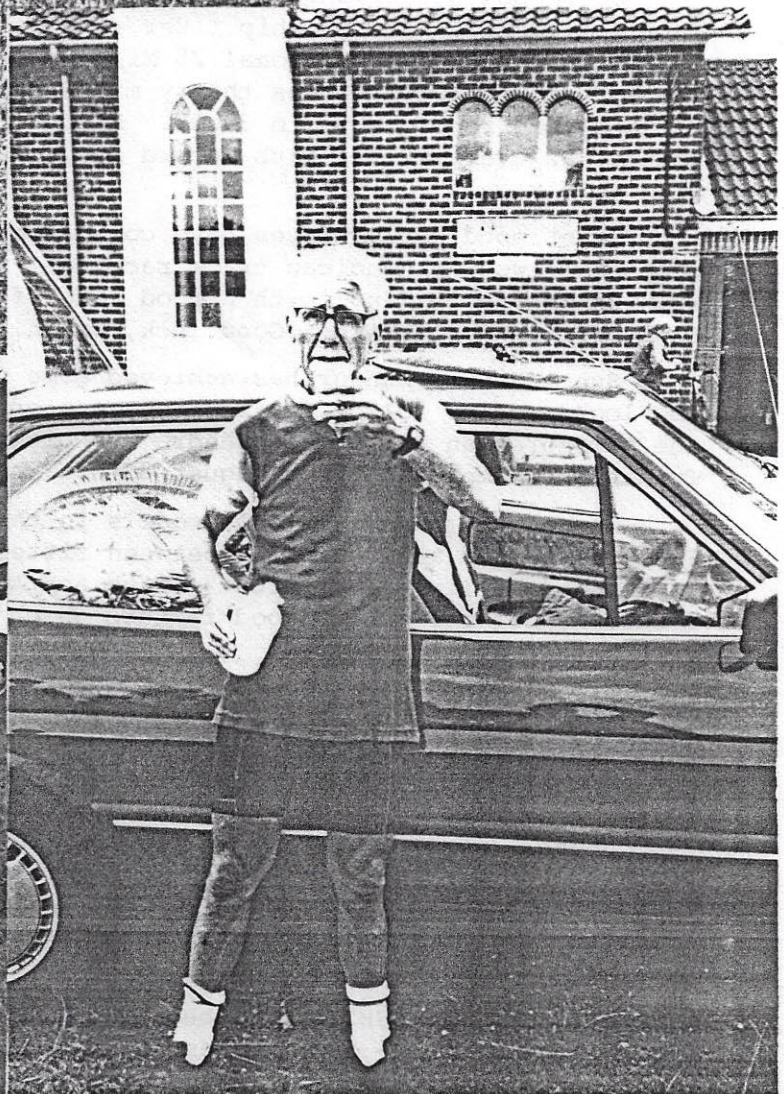
Frank Blake has been out of circulation for a while, culminating in him going in to Hospital for a kidney removal. Latest news is that he is out of hospital, and we wish him a speedy recovery.

We held our club Track Championships at the beginning of August, one of our oldest trophies the Tolcher-Eccles shield being based on a handicap series. In the absence of any track form for some riders, We based the handicap on 10 mile time trial times. This resulted in a dramatic win for Frank Allen, who was not caught in either of the Handicaps.

Ken Wells



Elderly
people



Seen relaxing after the V.T.T.A. 100 Mile Championship (which was incorporated in the E.S.C.A. event this year) :

Above left - Harry Wilkinson of the Oldham Century R.C. looks happy to have retained his title.

Bottom left - although he won the event over all, John Woodburn could only manage third place in the Championship. He's probably getting some good advice from his youthful opponent in the Central Sussex C.C.

Right - Jim Sibun at 75 years old was second in the Championship.

EASTBOURNE ROVERS C.C.

Hello again. Time again to write some more notes on the Club.

I'm under strict orders to mention some more on Andrea Winchester. She seems to be the most dominant person and the most consistent record breaker this year. By the way, she gave me the orders. Eastbourne Herald newspaper report on Andrea - "Andrea Gets On Her Bike To Leave The Weed Alone". Good report, but who's the weed? Rumour has it that it's Steven Willis, or did I hear Graham Lade mentioned? Sorry, my mistake, it seems the weed was something to do with Andrea's addiction to smoking, apparently thirty a day according to the report.

Some good performances from Andrea include twenty eighth place in the Women's National 10 Mile Championship. Her time of 25.08 was a new Club record. She was thirty fourth in the Women's National 25 Mile Championship with a time of 1.04.20. Club record! She reduced the Club ladies thirty mile record to 1.19.51 and the brought the Club fifteen mile record down to 39.07. Andrea is costing the Club a lot of money at the moment, as every time a Club record is broken so is Graham's heart, as he has to get some more gold medals.

Other good performances have come from our lady members. Sarah Lade has won a couple of two lap handicap track races at Preston Park and has qualified for the GHS 10 Mile Championship Final with a good time of 29.11. The Final is to be held on the 5th September in Shropshire. Good luck, Sarah.

Super Sandra Manser has achieved some very good results in Triathlon competitions and looks set to follow in the footsteps of fellow Club member, Sarah Coupe, who is the new European Champion. Sandra is competing in the National Junior Short Course Triathlon Championships on August 30th.

We seem to have some male models in the Club now. Eastbourne Herald's "Impact Feature", aimed at youngsters between fifteen and twenty years old, called on Steven "Hob knob" Willis, Nick "Crust" Smith and Aaron "Troll" Timms and they were joined by Sandra Manser for a very good feature which has promoted the Club. Like to thank them very much for their time.

STOP PRESS! STOP PRESS! Rumour has it that Duncan Geals may actually return to cycling after being in hibernation for a couple of years. Duncan told me he has a trembling feeling in his legs. Maybe next year we shall see him perform to the level of ability he thinks he's capable of. So watch out fellow junior members.

ROAD RACES. We can boast four road race wins this year. Nick Smith won a schoolboy road race at Eastways. Steven Willis won the third event in the Lewes Criterium series. Brian Burns won the third event in the Eastbourne Rovers Criterium series and Simon Prior won the Southampton East Street Centre Criterium. Well done all those riders. Let's see a few more road race wins.

TIME TRIAL CHAMPIONSHIPS have been won by Steven Willis - 10 miles; Brian Burns - 25 miles; Brian Burns - 50 miles and Simon Prior - 100 miles.

We seem to have a sudden influx of young members between twelve and nineteen. Laren Hutchinson, who is twelve years old has a thirty one minute ten to his credit and Andrew Neale, who is two years older, has ridden ten miles in 26.08. Keep pedalling.

Maybe next year Eastbourne Rovers will be seen wearing brighter, more glamorous jerseys. Can you believe it? But for now, the season will soon be over and we will all be in our winter training gear in preparation for next year.

All the best to our members and anyone else who reads this.

Clement Condom

LATEST NEWS***

Sandra Manser is the Junior National Short Course Triathlon Champion. Congratulations from everyone in the Club.

There's an indentation in the grass verge half a mile south of the Little Horsted roundabout on the Uckfield by-pass. It marks the spot where John Coe's dreams of stardom in the ESCA 100 evaporated and he gave way to an irresistible desire to lie face down in the grass. It was all so humiliating after his p.b. 4.37 in the SCA 100 - a ride that had prompted Peter Gates to seek his advice on how to cope with the ESCA event. "Take it steady", said John - and then ignored his own advice. Peter took it, though, and finished his first 100 in good shape in 4.46. John redeemed his reputation a fortnight later, when he rode 225½ miles in his first 12 by averting his eyes from the mermaids beckoning him to join them on the grassy banks of the A24.

Matthew R. won the 12 for a third consecutive year, setting new Club and Sussex records in the process. The battle between Matthew and John Pelham of the Central Sussex made this the most interesting of recent SCA twelves. Things became so tense at 100 miles that Ron Ewart made a desperate attempt to squeeze the water from a sponge which was about to be handed up by the Matt Rabbetts Fan Club. In the end it was victory by less than two miles for the reigning champion - with a total that a rather parsimonious timekeeper ruled was forty yards short of 250 miles. Horry Hemsley was again out of luck with puncture and broken spoke delays, but still did his best mileage of recent years - 222. This gave him the SCA Vets' BAR to add to the laurels he won in the VTTA Championship 100 when he led the winning team.

Paul Gibbons, 36 years younger, continued his development as a prospective fast man with a p.b. 1.2.55 in the Eastbourne Rovers 25, but blew up in the second ESCA 50 - probably because he hasn't been getting enough miles in. Ian Landless and Peter Gates had earlier set him an example by each recording personal bests of 2.9 - but had to go to Essex to do it. Paul had already won the Club's 10 mile series, so why should he worry? These 10s are friendly affairs, though they are serious enough for young men like Matthew Tree and Darrell Felstead to go faster than they've ever been before (and Darrell has since done well in his first 25).

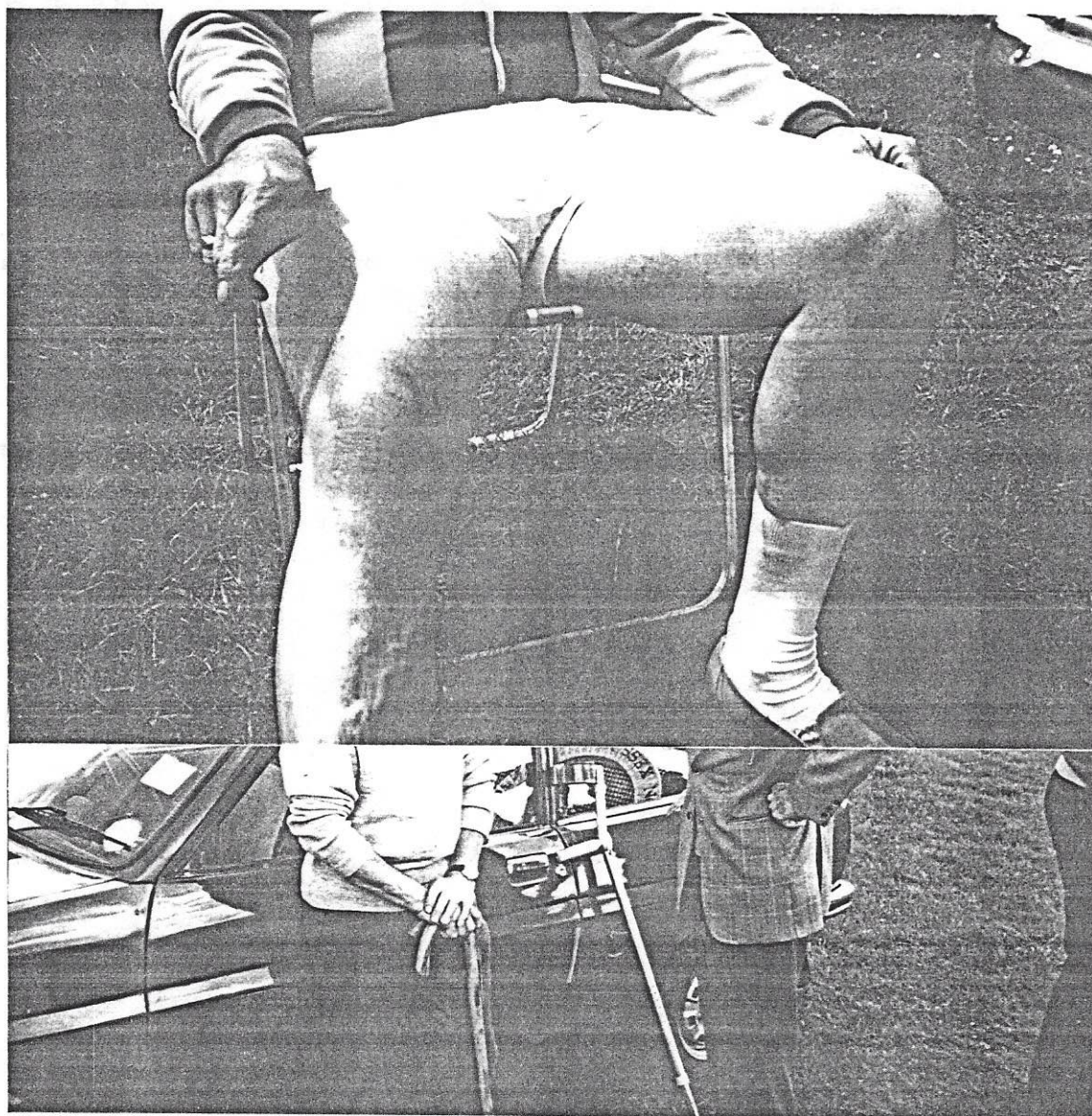
As I say, in the main these evening 10s are notable for the free and easy atmosphere. So no one takes any notice when a Club veteran spits his false teeth into his wife's hands just as he is being pushed off; and no one minds when the stoker on the Mick-and-Rose-Hills tandem smiles and waves to the onlookers along the course while the steersman gives his all. There are limits, though. A substitute pusher-off had to be found at the last minute one sultry July evening when some young riders complained that our President's low cut summer dress was distracting their attention as she bent to her task.

Rotrax



COMPETITION CORNER

In the two pictures below are three crutches (well, two crutches and one walking stick!). If you think you know who the crutches belong to, send your entry to the Editors by the next BONK closing date. The winner will be the sender of the first correct entry opened. Owners of the crutches (or their relatives) are not eligible to enter the competition.



CLOSING DATE FOR THE CHRISTMAS ISSUE OF BONK IS NOVEMBER 22nd FOR DISTRIBUTION AT THE A.G.M. ON DECEMBER 2nd.

Neither the editorial staff or the clubmates of the following contributor wish to be associated with the following notes, which are the unofficial chronicle (among other things) of the activities of the

SUSSEX NOMADS C.C.

With Autumn now upon us and just about half a dozen events left to complete the 1987 season, Nomads can look back on a fairly successful racing programme. Due to work, Keith, who is a motorway surveyor, Nick and Mick, our Crawley contingent, have only managed a token season. Much the pity as Keith had purchased a new bike - an all chrome affair - for specifically updating his times. Still we are sure that 1988 will see Keith back in business. Nic Shillingbury took some placings in the Surrey League but also fell a victim of the self employed brigade, assisting and managing his father's business. Still hopefully we shall be able to secure his six foot frame for some late two-ups with Geoff, culminating, hopefully, with the Gentlemen's Grand Prix some eighty miles south of Braville. This event being the last in the Nomads calendar attracts our super vet, who is looking for someone to tow him round the eighteen mile course. Only those people with a 51 or perhaps a 52 minute time for a 25 time trial need apply (Alan gets a little choosy in his old age!!).

Being the front runners of most cycling activities in Sussex, we hear that the Lewes C.C. is going across to France in some strength (not only do they persist in copying our Club colours but clearly they now want to emulate our overseas performances. Is there nothing these people won't do to improve their image?

Alan continues to have a mixed season. Having completed two hundreds in succession, no mean achievement for an O.A.P., he finally managed to say "no" to the twelve hour after, we believe, a lot of soul searching. Vernon and Geoff have slowly improved, and since all three of us have secured cash prizes, we really should be calling ourselves part-time professionals, as opposed to the number of Lewes Wanderers who we believe are classified as full-time professionals since it seems they spend more time riding than working. No names, suffice to say that the colour of his skin seems to be on a par with "The Leader", who we know from sources is purely a part-time Seaboard worker. In writing this it looks as though once again Nomads will be taking over the Lewes clubruns. The lack of leadership in the Lewes is clearly demonstrated since it nearly always rests on a Nomad to show the Lewes Club where to go. Sometimes we even have to captain the clubrun since it seems their nominee doesn't turn up, complaining that he is too tired. Even selecting alternative clubrun captains is a hazardous business for the Lewes, they simply 'leave it' to whoever is around!! Nomads have also noted the number of Lewes riders who go off course - what can we say? We rather feel that this may be a more acceptable excuse than being 'screwed' or 'beaten' to use a better choice of expression. We also see that the Worthing have developed this problem. Perhaps Ron Rogers, John Coe and Dave Dallimore should come on a Nomad's clubrun in order that the more experienced of our riders could share with these unfortunates 'what to look for' when riding in open events.

Did you see the NOMADS National V.T.T.A. Championship 25 promotion on G938, eat your hearts out, other Clubs. A nice smooth show for our elderly brothers, and a BONUS - our result sheets were out to the participants in the same week!!! It can be done. Unlike some other Sussex Clubs who command a larger bank balance and membership. No sour grapes but if our Club can put on a National event in this manner other Clubs should also be able to copy.

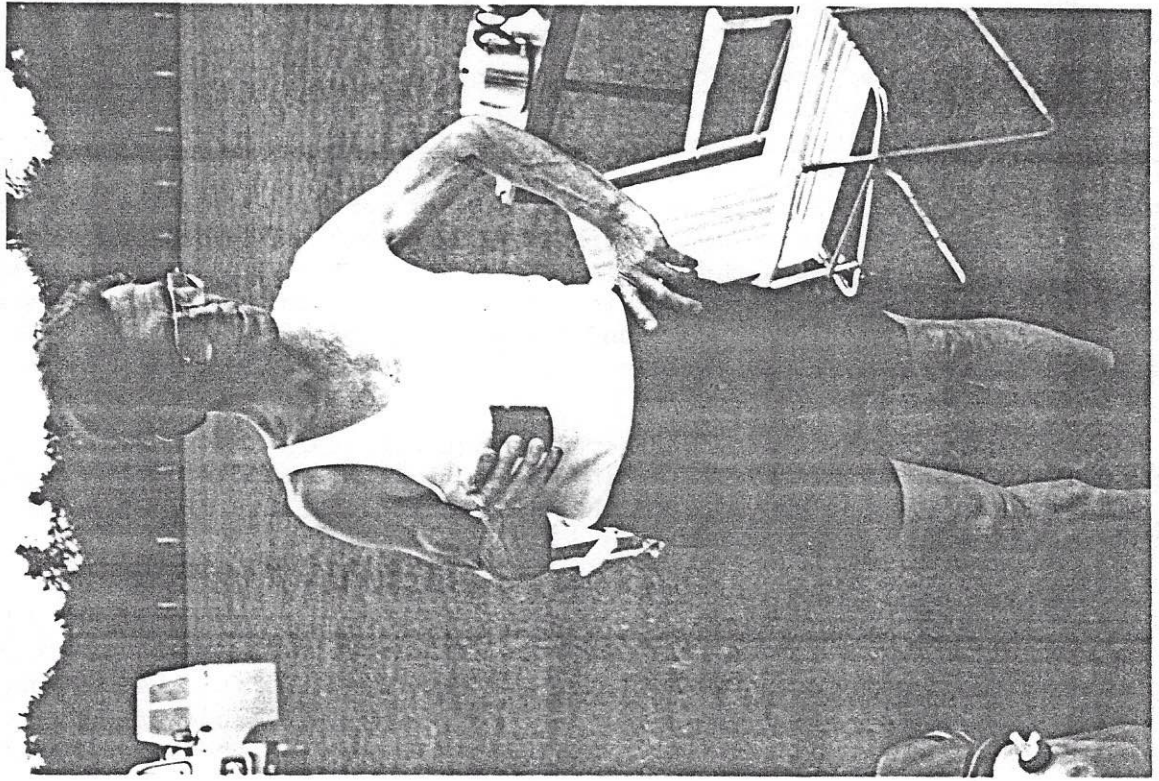
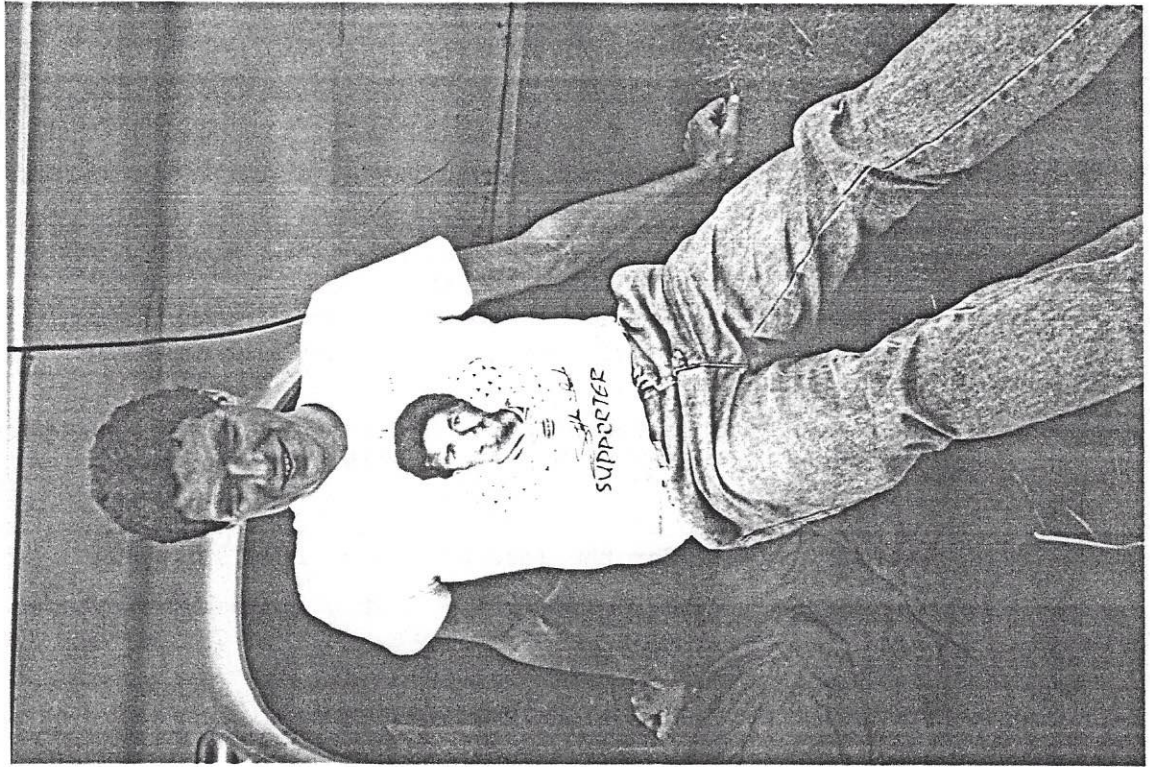
Valerie Stringer admitted to the writer, whilst assisting with the tea at their event (That was another good event which I thoroughly enjoyed. Thank you B.E.C.C. - Mrs Ed.), that after all these years she has finally agreed never to argue with me again, on ANY matter (I wouldn't bother to argue with you, either. You're always wrong. - Mrs. Ed) Women's lib is, we feel, poorer for the loss of one of it's more prominent enthusiasts.

We are somewhat curious with regard to our Editors companions. Can Esther let us know, as well as the many readers and contributors, whether Charlie Robson is a relative, a paying guest, your mentor or a V.A.T. representative.

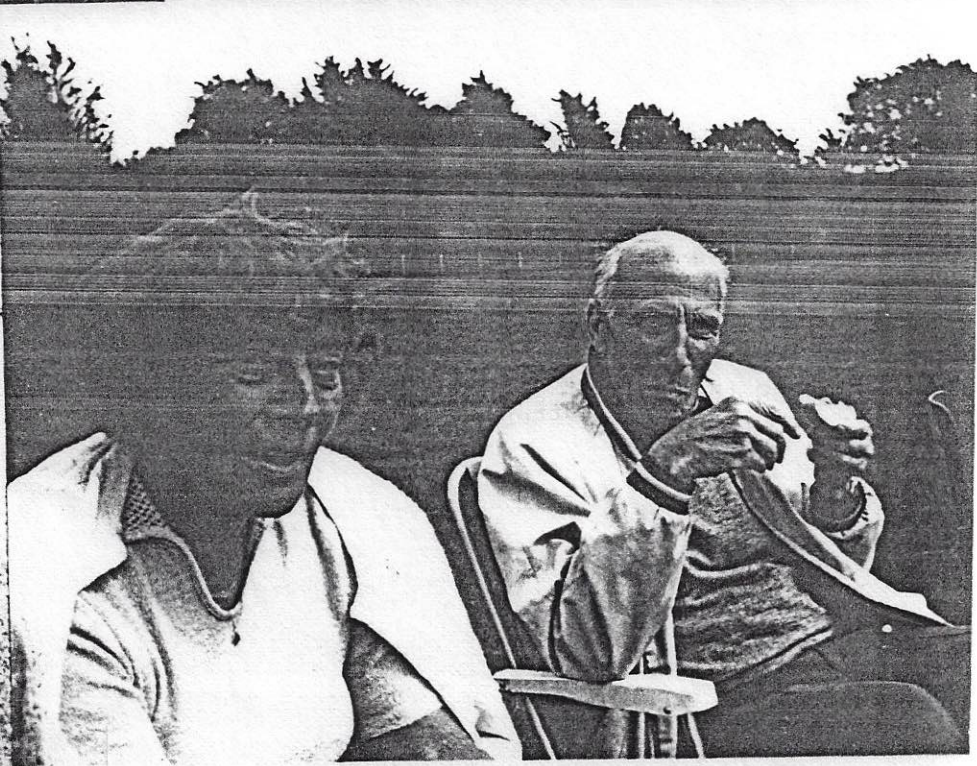
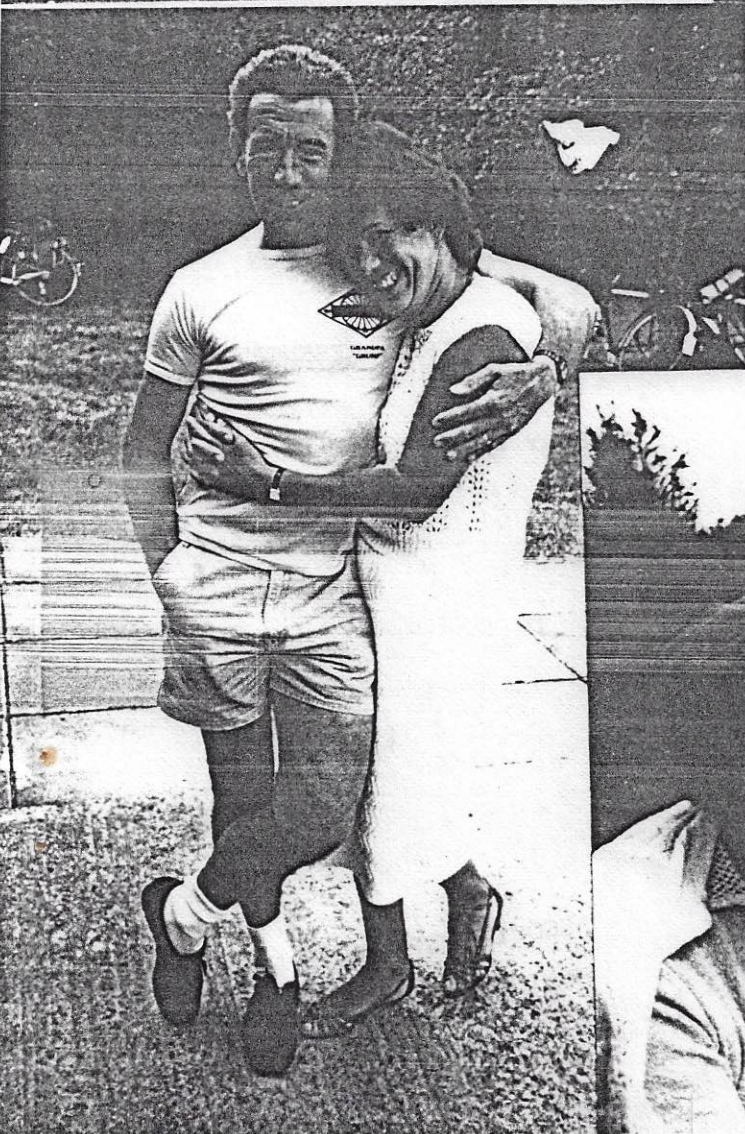
A proposal being put to the E.S.C.A. Management Committee at the next A.G.M. is for attendance fees of say £5 to £10 - to be agreed. The Nomads block vote is for acceptance.

Until the Spring,

PAGE TEN PIN-UPS FOR THE ESCALADIES. DASHING YOUNG TOY BOY, MATT RABBITTS, LOUNGES SERENELY AFTER THE 'LOO' AND RUGGED, MATURE ALAN LIMBREY RELAXES WITH A PINT AT THE PICNIC.



HAPPY COUPLES, INCLUDING THE OTHER HALF OF 'THE EDITORIAL STAFF' WITH AN UN-NAMED COMPANION, AT LOWER DICKER HALL FOR THE PICNIC.



EAST SUSSEX CYCLING ASSOCIATION
ANNUAL GENERAL MEETING
DECEMBER 2nd, 1987 at
FRAMFIELD MEMORIAL HALL

BONK CLOSING DATE
NOVEMBER 22nd

EAST SUSSEX CYCLING ASSOCIATION
ANNUAL LUNCHEON AND PRIZE PRESENTATION
JANUARY 10th, 1988

The SCA have suggested that their 100
and the ESCA 100 should be amalgated
and from 1989 the event would be
promoted alternately by each Association.
There will be an item on the ESCA A.G.M.
Agenda so that the matter can be discussed.

ASSOCIATION BADGES AVAILABLE
FROM ROY HUMPHREY
ONLY £1. 50

EAST SUSSEX CYCLING ASSOCIATION

49³/₄ ML. RELIABILITY TRIAL 1987

The Date

The Reliability Trial will be held on SUNDAY, 22ND NOVEMBER, 1987, and will start and finish in Herstmonceux.

The Course

START at the Parking sign at the entrance to the car park in Herstmonceux. Join A271 and proceed in an easterly direction to Windmill Hill (1.61 mls) where right through Wartling to join A259 near Pevensey (6.16 mls). Left on A259 via Bexhill and Hastings (along seafront) to leave A259 at apex of hairpin bend at Winchelsea. Left to Winchelsea Halt (27.82 mls). Over level crossing to T junction where left along minor road to join B2089 shortly before Udimore. Continue on B2089 via Broad Oak (HALT at A28) to Cripps Corner (36.60 mls). HALT at A229 then across on B2089 to take left fork to join A21 (CARE) at Maddomswood. Take right fork at pub. and follow B2092 through Whatlington to Battle (41.07 mls). HALT at T junction then right on A2100 and left on A269. Where A269 turns left continue on B2204 to T junction with A271. Right (CARE) and proceed through Boreham Street and Windmill Hill to FINISH at Parking sign at entrance to car park in Herstmonceux (49.77 mls).

The Checkpoints

All riders will receive a Start Sheet and four numbered Check Cards. The Check Cards must be carried with you during the trial. Check Card No. 1 must be given to the Checker just before you join the A259 near Pevensey. Check Card No. 2 must be given to the Checker at Winchelsea Halt level crossing. Check Card No. 3 must be given to the Checker outside The White Hart at Cripps Corner and Check Card No. 4 must be given to the Timekeeper (R. Humphrey, "sq.") at the finish.

The Time

Riders may choose to complete the course in 3hrs., 3hrs. 25mins. or 4hrs. and should specify their choice on the Entry Form. Riders preferring a leisurely pace and opting for 4hrs. will go off at 0900 and should finish between 1250 and 1300 hours. The medium paced section will go off at 0920 and should finish between 1235 and 1245 hours. The hard-riders section will go off at 0930 and should finish between 1220 and 1230 hours.

The Cost

The Entry Fee is 50p per rider and two Entry Forms are provided with this issue of BONK. Additional entry forms will be available to each Club. The closing date for entries is THURSDAY, 12TH NOVEMBER. Entries should be sent or given to Charles Robson, 39 Winchcombe Road, Eastbourne, Sussex BN22 8DE or to Esther Carpenter, 10 Maplehurst Road, Baldslow, St. Leonards-on-Sea, Sussex TN37 7NA. Late entries will be accepted but these riders will not qualify for inclusion in the competition for points to win the Reliability Trial Shield.

The Rewards

All riders completing the course in the chosen time will receive a certificate, providing each of the four checkers has received one of your check cards. The Club with the largest number of successful riders, whose entries were received by the 12th November, will hold the Reliability Trial Shield for one year. Remember 'successful' means arriving at the finish within the specified 10 minute period.

EAST SUSSEX CYCLING ASSOCIATION

49 $\frac{3}{4}$ MI. RELIABILITY TRIAL 1987

The Lunch

The Samovar at Herstmonceux has again been booked for the lunch, but there will be no double booking this year, and, as seating is limited to 52, early booking is advised. Arrangements have also been made for lunch at The Woolpack Hotel, just a few yards up the road, so that if more than 52 people require lunch, some will eat here. Please indicate on the Lunch Booking Form your first choice of venue. Also please tick the items of your choice in BOTH menus in case it is necessary to seat you at your second choice venue.

There will be just one hot main course at The Samovar this year to ensure that you get served quicker, but there will still be an alternative for any vegetarians. The Samovar is licensed so drinks will be available at both venues.

If you wish to come to the lunch, early booking is advised. Priority will be given to bookings accompanied by the correct cash/cheque payment. A Lunch Booking Form should be completed for each person but cheques may be made out to cover several booking forms and your entry fees. Cheques should be made out to 'C. G. Robson'.

The lunch will cost £3.85 per person, except for children under 12, who will pay £2.85.

Parking and Toilets

For those coming by car there is a public car park at the back of The Woolpack Hotel. Please park tidily and with consideration to others. Please do NOT park in The Woolpack's private car park. Public toilets are adjacent to the car park. For those in need on the way round the course, there are public toilets on the right of the A259 shortly after leaving the sea front at Hastings. There are also public toilets in Battle as you turn left on the A269.

Afternoon Tea

When everyone has finished lunch at The Samovar and the lunch things have been cleared away, afternoon teas will be available. No bookings are necessary and teas will be on a first come first served basis.

General Notes

Every effort will be made to make this an enjoyable day and all age groups are most welcome. There will be adequate bike parking space in the drive at the left hand side of The Samovar.

Please remember to be as QUIET as possible at the beginning of the trial and to be considerate and polite to the local residents.



EAST SUSSEX CYCLING ASSOCIATION

49 $\frac{3}{4}$ ML. RELIABILITY TRIAL 1987

ENTRY FORM

Please enter me for the E.S.C.A. Reliability Trial on Sunday, 22nd November, 1987.

NAME _____ CLUB _____

ADDRESS _____

(Please use BLOCK CAPITALS)

I aim to complete the 49 $\frac{3}{4}$ ml. course in 2 hours 50 minutes.....
3 hours 20 minutes.....
4 hours.....

I enclose cash/cheque for 50p. Cheques to be made out to "C. G. ROBSON"

SIGNATURE _____ DATE _____

Entries should be sent or handed to Charles Robson, 39 Winchcombe Road, Eastbourne, Sussex BN22 8DE, or to Esther Carpenter, 10 Maplehurst Road, Baldslow, St. Leonards-on-Sea, Sussex TN37 7NA, on or before THURSDAY, 12th NOVEMBER, 1987.

EAST SUSSEX CYCLING ASSOCIATION

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I enclose cash/cheque for 50p. Cheques to be made out to "C.G. ROBSON"

SIGNATURE _____ DATE _____

Entries should be sent or handed to Charles Robson, 39 Winchcombe Road, Eastbourne, Sussex BN22 8DE, or to Esther Carpenter, 10 Maplehurst Road, Baldslow, St. Leonards-on-Sea, Sussex TN37 7NA, on or before THURSDAY, 12th NOVEMBER, 1987.

EAST SUSSEX CYCLING ASSOCIATION

49 1/2 ML. RELIABILITY TRIAL 1987

LUNCH BOOKING FORM

Please reserve me ONE seat for lunch following the E.S.C.A. Reliability Trial on Sunday, 22nd November, 1987.

NAME _____ CLUB _____

ADDRESS _____

(Please use BLOCK CAPITALS)

The Samovar, Herstmonceux, has been reserved for the day but, as seating is limited to 52, arrangements for lunch have also been made at The Woolpack Hotel. There will only be one hot main course at The Samovar this year to speed the service and no double bookings will be taken for The Samovar. Please indicate your choice of lunch venue below by writing '1st choice' and '2nd choice'.

THE SAMOVAR _____

THE WOOLPACK _____

As it may not be possible to give everyone the first lunch venue of their choice, please complete BOTH menus below by ticking the boxes opposite the items of your choice.

THE SAMOVAR

THE WOOLPACK

- Vegetable soup.....
- OR Egg Mayonaise.....
- Roast Beef & Yorkshire pudding.....
- OR Vegetarian.....
- Treacle pudding.....
- OR Trifle.....
- Tea.....
- OR Coffee.....

- Vegetable soup.....
- OR Pate.....
- Steak & Kidney Pie.....
- OR Cottage Pie.....
- Spotted Dick.....
- OR Gateau.....
- Tea.....
- OR Coffee.....

(Hot main courses include vegetables & potatoes)

I enclose cash/cheque for £3.85 (children under 12 £2.85). Cheques to be made out to 'C. G. Robson'.

Lunch Booking Forms should be sent or handed to Charles Robson, 39 Winchcombe Road, Eastbourne, Sussex BN22 8DE, or to Esther Carpenter, 10 Maplehurst Road, Baldslow, St. Leonards-on-Sea, Sussex TN37 7NA, on or before TUESDAY, 17TH NOVEMBER, 1987.

PLEASE REMEMBER - EACH person who would like to come to the Lunch must complete a Lunch Booking Form, but couples and families need only write one cheque to cover their bookings. The same cheque can also include your entry fee if you are riding in the Reliability Trial.